

# Yoga in the Park



JOIN US ON YOUR LUNCH BREAK!

BEAT THE OFFICE BLUES!

- BY DONATION, ALL PROCEEDS GO TO WISH DROP-IN CENTRE SOCIETY
- MATS PROVIDED BY RELAXUS
- ALL AGES AND LEVELS WELCOME!
- DROP IN OR REGISTER @ [WWW.EASTVILLAGEVANCOUVER.CA/YOGA](http://WWW.EASTVILLAGEVANCOUVER.CA/YOGA)

QUESTIONS? CONTACT US  
604-215-2401 | [INFO@EASTVILLAGEVANCOUVER.CA](mailto:INFO@EASTVILLAGEVANCOUVER.CA)

EVERY WEDNESDAY STARTING

# JULY 17

## 12:15PM-1PM

DATES:

07/17 • 07/24 • 07/31  
08/07 • 08/14 • 08/21 • 08/28